Walla Walla University

STUDENT-ATHLETE

HANDBOOK
Dear WWU Student-Athlete:

Welcome to Walla Walla University and the Department of Athletics family. As a department, we are very passionate about the new academic year, and I look forward to personally meeting each of you as well as watching your athletic development as a Walla Walla University student-athlete.

The Department of Athletics is here to assist you in every aspect of your collegiate career. We are committed to each student-athlete succeeding academically, athletically, and in life. It is our hope that each of you earns a degree, and your experience provides a solid foundation to pursue your goals.

In addition, at Walla Walla University our goal is to model the life and teachings of Jesus Christ into all aspects of the learning community. WWU is a four-year Seventh-day Adventist institution. We are currently members of the NAIA and the Cascade Collegiate Conference.

This handbook has been prepared for your benefit by the department of athletics administration. It is our goal to keep you well informed of both academic and athletic policies and procedures. We strongly believe that excellence in the classroom will be emulated by your success on the field or court of competition.

As a student athlete, you are assigned with the responsibility of balancing your academic, athletic, and personal lives. You will be subjected to time constraints, physical demands and public scrutiny in ways other students will not experience. While the University and its athletics department are committed to supporting you, in the end you are responsible for your own actions.

This handbook is a tool developed to assist you in reaching your goals. If you have any questions concerning the materials contained within, please speak to your coach or a member of the athletics department staff.

Once again, I welcome you to Walla Walla University. Our commitment to you is unwavering. Strive to be the BEST, both in the classroom and on the field of competition.

GO WOLVES!!

Sincerely,

WWU Athletics

athletics@wallawalla.edu

Department of Athletics
Introduction

The objective of the Walla Walla University’s intercollegiate Athletics Program is to provide an opportunity for students to enrich their college experience through a comprehensive, challenging and professionally managed athletics program. Through associated athletic events, student-athletes are encouraged to achieve levels of excellence in competition and individual development. Additionally, the Athletics Program is dedicated to enhancing the university’s reputation for integrity and excellence as demonstrated by the performance of student-athletes, coaches, and all department staff members both on and off the field or court.

Mission Statement

The Department of Athletics at Walla Walla University strives to use the Christian principles of love to develop the whole-person into the image of Christ for winning in athletics and in life.

To further make this vision practical, the Athletics Program challenges athletes, coaches, staff, administrators, and related faculty to frame their experience in basic philosophical commitments for developing excellence, respect, and love:

- We will model the life and teachings of Jesus Christ into all aspects of the learning community.
- We work to develop each student-athlete as a whole-person. Understanding human function in four dimensions-physiological, mental, psychosocial and spiritual helps us to treat the person as a whole and a temple for God.
- We aspire to be like Jesus by focusing on His example in living the best life possible in all dimensions. Four scripture-based qualities of Jesus guide our aspirations to be like Him-Warrior, Miracle-Worker, Lover and King.

Athletics Department Goals

1. To strive to model Christ by word and deed both on and off the playing field.
2. To conduct a well-organized intercollegiate athletics program that provides competitive opportunities for both male and female students.
3. To conduct an athletics program consistent with the university mission and vision.
4. To conduct an athletic program that pledges to abide by the rules and regulations of the Walla Walla University, the NAIA, and the CCC.
5. To encourage the student-athletes to be active members in the Walla Walla community, through community service and community engagement projects.

Department Directory
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# Head Coaches

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WWU Athletics Web Site Address: www.UWOLVES.com
National Association of Intercollegiate Athletics: www.NAIA.org
Cascade Collegiate Conference: http://www.cascadeconference.org/
Wolves Athletics’ Facebook Page: https://www.facebook.com/WallaWallUniversityWolves/
Wolves Athletics’ Twitter Page: https://twitter.com/theuwolves
Wolves Athletics’ Instagram Page: https://www.instagram.com/theuwolves/
National Affiliations

National Association of Intercollegiate Athletics

The National Association of Intercollegiate Athletics (NAIA), headquartered in Kansas City, MO., is a governing body of small athletics programs that are dedicated to character-driven intercollegiate athletics. Since 1937, the NAIA has administered programs and championships in proper balance with the overall college educational experience.

The student-athlete is the center of all NAIA experiences. Each year more than 60,000 student-athletes have the opportunity to play college sports at NAIA member institutions.

In 2000, the NAIA reaffirmed its purpose to enhance the character building aspect of sport. Through Champions of Character, the NAIA seeks to create an environment in which every student-athlete, coach, official, and spectator is committed to the true spirit of competition through five core values.

Cascade Collegiate Conference

Originally formed in 1978 as a scheduling alliance for volleyball, the Cascade Collegiate Conference (CCC) has evolved into one of the NAIA's most formidable leagues. Due to the abolition of the district format as a means of qualification for national championships in 1993, the CCC became an NAIA affiliated conference and now sanctions championship competition for men and women in basketball, cross country, golf, soccer, track and field, along with baseball and wrestling for men, and softball and volleyball for women. In 2014 Walla Walla University and Multnomah University joined the CCC as full members with competition starting in fall of 2015.

Student Athlete Advisory Committee (SAAC)

In 2013 the Cascade Collegiate Conference established a Student Athlete Advisory Committee (SAAC) program. Each institution selects two committed student-athletes to assist the Conference in order to perpetuate a positive student-athlete experience. Committee members must be at least sophomore class status and eligible for competition.

The CCC SAAC serves the following functions:

- Discuss and provide feedback on conference issues affecting student-athlete welfare
- Assist in educating student athletes about CCC/NAIA issues on their home campus
- Increase and improve student-athletes’ understanding of the CCC and NAIA Legislative process
- Promote student-athlete participation in department wide Champions of Character programs
- Provide a forum for addressing student-athlete concerns
Code of Conduct

Statement of Community Ethos

Walla Walla University is founded on Christian teachings and values as understood and appreciated by the Seventh-day Adventist church. Central to these teachings is the belief that every person is created in the image of God as a being of inestimable value and worth, imbued with powers of intelligence, stewardship, and creativity akin to those of the Creator. Walla Walla University, therefore, seeks in its mission to foster the unique gifts of every individual within this Christian community of faith and discovery. Committed to excellence in thought, the university seeks to impart a broad knowledge of the arts, sciences, and professions by careful instruction and open inquiry at both the undergraduate and graduate levels. Recognizing that God is the source of all truth, goodness, and beauty, the university seeks to convey to students a wisdom that translates academic achievement into responsible citizenship, generous service, a deep respect for the beauty in God’s creation, and the promise of re-creation through Jesus Christ.

Excellence in Thought

Walla Walla University will pursue, and celebrate, a biblical vision of academic Sabbath Jubilee. Our motivation for all intellectual inquiry is original, and unsurpassed in importance: the Creator made the whole of creation very good. Upon completion of His creation, God invited human beings to join him in an enduring admiration and celebration of His creative excellence: Sabbath Jubilee. In the next decade, in service of this commitment, we shall pursue the following four objectives. This means we will sharpen our identity as a university offering unparalleled higher education in the context of holistic, Christian community.

Priority One: Balance and Wellness. We will ensure that the values of balance and wellness mark our academic life.

Priority Two: Student Success. We will design and implement a more structured student success strategy that will feature an invigorated academic advising process and a personal success plan for each undergraduate student.

Priority Three: Faculty Excellence. We will develop clear markers of excellence for faculty in teaching, advising, professionalism and scholarship within a framework of heightened accountability and increased remuneration.

Priority Four: Innovative Curricula. We will emphasize critical thinking, problem-solving and communication as essential skills by integrating them across the curriculum and student life. Early in this decade, we will redesign all curricula to ensure: 1) Scope of requirements encourages student success; 2) Delivery meets sustainability goals; 3) Curricula are innovative and forward-looking.
Generosity in Service

Walla Walla University will pursue and celebrate a biblical vision of humanitarian Sabbath Jubilee. This means all members of our academic community—the board of trustees, administrators, faculty, staff, and students will participate in service to our world. Walla Walla University will work to intentionally prepare our students for a lifetime of dedicated service to God, the church, and the world. In the next decade, in service of this commitment, we shall pursue the following three objectives:

Priority One: Center for Humanitarian Engagement. Walla Walla University will develop the Center for Humanitarian Engagement for the purposes of defining university-wide expectations for service and developing service opportunities and service learning in both local and global evangelistic and humanitarian work.

Priority Two: Signature Service Project. Walla Walla University will develop an institutional-level, long-term service relationship with the community whereby WWU serves its community with a signature project/relationship and become “known” for this endeavor.

Priority Three: Low-debt and No-debt Trajectories. Walla Walla University will develop and implement low-debt and no-debt trajectories to help students more easily live as postgraduates in productive service to God, church, and the world.

Beauty in Expression

Walla Walla University will pursue, and celebrate, a biblical vision of aesthetic Sabbath Jubilee. We will, over the next decade, commit ourselves to these three objectives, three expressions of beauty:

Priority One: Campus Beautification. Walla Walla University will beautify its physical campuses with the elimination of all deferred maintenance and the renovation and renewal of existing buildings.

Priority Two: Professionalism. Walla Walla University will develop a new professionalism program for all students, including academic and nonacademic experiences, wherein men and women are taught to live, act, and work—to express themselves, as leaders—with beauty, excellence, and grace.

Priority Three: Sharing the Arts. Walla Walla University will infuse beauty into the Walla Walla Valley—deploying faculty, staff, and students in an effort to bring the arts to underserved communities, with particular attention to children who enjoy little or no access to music and visual art.
Faith in God

Walla Walla University will pursue, and celebrate, a biblical vision of faith-focused Sabbath Jubilee, in the tradition of Seventh-day Adventist Christianity. To this end, we commit ourselves to the following two objectives:

Priority One: Center for Sabbath Celebration. Walla Walla University will form a Center for Sabbath Celebration. This new entity will promote—within Adventism and beyond—the way Sabbath-keeping and a Sabbath lifestyle can bring glory to God, and health and beauty to human community.

Priority Two: Religious Instruction. Walla Walla University will consider carefully all major religious instruction on our campuses—theology courses, convocations, Sabbath Schools, church services, and other gatherings—to ensure each student has opportunity to consider Christian faith and practice in a thorough and systematic way, and to reflect on philosophical, doctrinal, and behavioral questions relevant to the contemporary world.

Academic Honesty

As an institution of higher education rooted in the Seventh-day Adventist tradition, Walla Walla University is committed to the search for truth—a search that requires careful compliance with the principles of academic integrity in the discovery, clarification, and dissemination of all information. This commitment to truth assumes that each member of the campus community adheres to the highest standards of honesty and integrity in the completion of his or her academic requirements. The academic integrity policy describes the responsibilities of students, faculty, and the Provost. It also defines and gives examples of academic dishonesty, describes the consequences for violations of academic integrity, and provides an appeals process. Finally the policy is intended to be both educational and redemptive. (See University Academic Bulletin for a copy of the current academic integrity policy)

Academic Penalties: If a student violates the academic integrity policy by cheating, plagiarism, fabrication, facilitating academic dishonesty or any other instance that undermines or has the potential to undermine academic integrity, certain consequences will be imposed, including, but not limited to, the possibility of reduction in course grade and/or academic suspension from the University. The student will be subject to the procedures outlined in the University Academic Bulletin. (See University Academic Bulletin).

Cody of Ethics for Athletes

The purpose of intercollegiate athletics is to provide an opportunity for student-athletes to develop their potential as a skilled athlete in an educational setting. Student-athletes will be looked upon as role models, particularly by young children, and it is important that personal conduct be exemplary at all times.
Public spotlight in the competitive arena and the media make student-athletes one of the most visible groups in the community. WWU student-athletes are ultimately responsible for their own behavior. They are expected to obey the WWU Student Code of Conduct as well as the laws, rules and regulations of local law enforcement and if provisions or ordinances are violated, be prepared for the penalties that may be imposed.

Behavior has a definite impact on the reputation of the athletics department and on the attitude that the community may take toward the athletic program. Conduct will be closely scrutinized in the classroom, in competition, and while traveling.

**Disciplinary Procedures**

Redemptive and restorative discipline is at times necessary. It seeks to awaken the moral and spiritual sensitivities of the student relative to the infractions committed. It is firm and deliberate, while simultaneously student-centered and compassionate. By deliberately emphasizing redemptive discipline, the school models God’s attitude toward wrong—upholding His forgiveness, restoration, and desire for character building. Individuals assume certain responsibilities for upholding and maintaining the standards and expectations of the community to which they belong. Acceptance to WWU is a voluntary commitment to uphold the University’s standards. Therefore, WWU expects students to comply with God’s law, civil laws, and all University regulations including the WWU Student Code of Conduct. Student conduct that violates these laws and regulations will result in disciplinary action.

When necessary, counsel and/or advice, may be given by the residence hall deans, student life committee, and/or Vice President of Student life. A student who may be subject to serious discipline will be counseled by the appropriate personnel, usually the Assistant Vice President for Student Life/Dean of Students, regarding their rights and possible disciplinary actions. Some disciplinary procedures are addressed by the Athletic Conduct and Guidance Committee.

When a report is received that there has been a potential violation of the WWU Code of Conduct, the investigation proceedings, penalties and appeals procedures provided in the WWU Code of Conduct will apply. Students should refer to the WWU Student Handbook and Code of Conduct for further information.


**Alcohol, Tobacco and Drug Policy**

Walla Walla University is committed to an environment of learning that supports the fullest possible human development. To achieve this goal, the University holds that a drug-free lifestyle
is essential and thus maintains policies that support a marijuana, alcohol, tobacco, non-prescribed prescription drugs and drug-free campus environment. Students are expected to practice this lifestyle. The manufacture, possession, distribution, or use of illegal drugs, marijuana, alcohol and/or tobacco or paraphernalia is strictly prohibited, as detailed in the WWU Alcohol, Tobacco and Drug Policy located in the Student Handbook and Code of Conduct.

WWU Alcohol, Tobacco and Drug Policy has been established to educate, to provide a means for counseling and rehabilitation, and outline a discipline process. Walla Walla University reserves the right to investigate students where reasonable suspicion of a drug, tobacco or alcohol violation exists. This includes, but is not limited to, the right to search an office, locker, on-campus vehicle, residence hall room, cases, and bags and the right to require an appropriate drug test and confirmation by retest. Students should refer to the Drug/Alcohol Policy for further information.

Violation of Alcohol, Tobacco and Drug Policy

Because substance abuse seriously jeopardizes the attainment of life goals, a person who is found to be responsible for violation of the WWU Alcohol, Tobacco and Drug Policy will be subject to the WWU Student Handbook and Code of Conduct.

You can find the WWU Student Handbook and Code of Conduct at: https://www.wallawalla.edu/fileadmin/user_upload/Student_Life/2019_student_handbook_and_code_of_conduct.pdf

If a student is convicted of drug distribution or possession, eligibility for the Title IV student financial aid is subject to suspension or termination. This policy is more fully set forth in Section 5301 of the Anti-Drug Abuse Act of 1988.

Consequences for a Positive Drug Test or Proof of Substance Abuse

Consequences and penalties for a violation of the WWU Alcohol, Tobacco and Drug Policy will be assessed in accordance with the Student Code of Conduct. In addition to any such consequences and penalties, a positive drug test or proof of substance abuse will result in the following:

- A student-athlete who tests positive or is proven to have used a banned substance as defined by the NAIA shall be suspended from his/her respective team immediately. He or she will be withheld from participation in all sports for the quarter the action takes place in and the quarter following the violation. For example, student-athletes found guilty of substance abuse in the fall quarter will be withheld from participation in all athletics activity for the fall quarter and following winter quarter. Student-athletes found guilty of
substance abuse in the spring quarter will be withheld from participation in all athletic activity for the spring quarter and following fall quarter of the next academic year.

- Student-athlete scholarship will be removed at the end of the quarter in which the violation occurs.
- Student athletes will have the ability to tryout with his or her respective team at the conclusion of his or her suspension pending a negative drug test, remaining eligibility, and approval by the head coach.
- Scholarship reinstatement will be re-evaluated at the discretion of the Director of Athletics and Head Coach.
- Student-athletes will not lose a season of eligibility for an institution suspension due to the use of an NAIA banned substance. (Please note: Per NAIA rules, student-athletes will lose a season of eligibility for a positive drug test administered by the NAIA or WWU).
- Student-athletes may be permitted to transfer if requested. However, institutions will be notified on the transfer tracer form that the student-athlete is currently ineligible due to violation of an institution and departmental policy.

**NAIA Drug Testing Program**

The NAIA is dedicated to promoting and preserving the integrity of athletics for the benefit and welfare of student-athletes. Consistent with that goal, the NAIA is concerned about and resolved to support definitive actions designed to assist student-athletes striving to cope with the escalating substance abuse problems in our society. These substance abuses center on drugs, alcohol, tobacco and smokeless tobacco.

Substance abuse is a major societal problem, which demands the attention of all segments of society, in particular the education community. The magnitude of the problem compels this Association to accept the responsibility to provide leadership in education student-athletes who may be using or may be under pressure to use these substances.

While maintaining institutional autonomy and individual institutional control, the NAIA is committed to establishing and monitoring requirements which will have a positive impact upon the substance abuse problem as it relates to athletics and, more specifically, to student-athletes. Through this national policy on substance abuse, the NAIA desires to communicate a concise message to student-athletes and to other concerned segments of society. The NAIA is committed to facing the issue of substance abuse among student-athletes in a positive, forceful, and straightforward manner. We are determined to bring all available educational resources to bear upon the issue in a caring yet definitive mode. Therefore, member institutions will be required to undertake the following actions:

1. Each institution will develop a philosophy statement, which expresses the institution’s position of substance abuse as it relates to student-athletes, describes the institution’s
substance abuse education program and delineates the institution’s program for evaluating the effectiveness of the education program. Student-athletes should receive a copy of the philosophy statement prior to signing a letter of intent or prior to participation for those contracted before enrollment.

2. Each institution will establish a substance abuse education program requiring active involvement of all participating athletes. Institutional programs should be coordinated by health services department or the counseling department and should utilize all available resources both on and off campus.

3. Each institution will institute an evaluation program for student-athlete participation and the expectations of the college or university for each athlete’s standard of behavior.

4. Each institution will develop a statement of philosophy on student-athlete participation and the expectations of the college or university for each athlete’s standard of behavior.

5. Each institution will file an annual report describing results of the substance abuse education and evaluation program prior to September 1 each fall. Official institutional reports will be confidential. The official report form will be prepared by the NAIA National Office staff in cooperation with the Athletics Trainers Association.

6. NAIA National Office staff shall review institution’s reports and, in cooperation with the Athletics Trainers Association, make recommendations for consideration by the Council of Presidents and the National Administrative Council.

7. Institutions shall have their intercollegiate athletics programs declared ineligible for postseason competition until the NAIA Substance Abuse Certificate of Compliance form is on file with the NAIA National Office.

**NAIA Banned Drugs**

It is your responsibility to check with the appropriate or designated athletics staff before using any substance.

A. The NAIA bans the following classes of drugs:
   1. **Stimulants.**
   2. **Anabolic Agents.**
   3. **Diuretics and Other Masking Agents.**
   4. **Peptide Hormones and Analogues.**
   5. **Anti-estrogens; and**
   6. **Beta-2 Agonists.**

**Note: Any Substance chemically related to these classes is also banned**

The institution and the student-athlete shall be held accountable for all drugs within the banned drug class regardless of whether they have been specifically identified.

B. Drugs and Procedures Subject to Restrictions:
   1. **Blood Doping.**
   2. **Local Anesthetics (under some conditions).**
3. Manipulation of urine samples.
4. Beta-2 Agonists permitted only by prescription and inhalation.
5. Caffeine if concentrations in urine exceed 15 micrograms / ml.

C. NAIA Nutrition/ Dietary Supplements

Warning: Before consuming any nutritional/dietary supplement product, review the product with the appropriate or designated athletics department staff!

1. Dietary supplements, including vitamins and minerals, are not well regulated and may cause a positive drug test result.
2. Student-athletes have tested positive and lost their eligibility using dietary supplements.
3. Many dietary supplements are contaminated with banned drugs not listed on the label.
4. Any product containing a dietary supplement ingredient is taken at your own risk.

Note to Student-Athletes: There is no complete list of banned substances. Do not rely on this list to rule out any supplement ingredient.

Check with your athletics department staff prior to using a supplement

D. Some Examples of NAIA Banned Substances in Each Drug Class

1. Stimulants:
   Amphetamine (Adderall); caffeine (guarana); cocaine; ephedrine; fenfluramine (Fen); methamphetamine; methylphenidate (Ritalin);
   Phentermine (Phen); synephrine (bitter orange); methylhexaneamine, “bath salts” (mephedrone) etc. Exceptions: phenylephrine and pseudoephedrine are not banned.

2. Anabolic Agents (sometimes listed as a chemical formula, such as 3,6,17-androstenetrione):
   Androstenedione; boldenone; clenbuterol; DHEA (7-Keto); epi-trenbolone;
   methasterone; methandienone, nandrolone; norandrostenedione; ostarine, stanozolol;
   stenbolone; testosterone, trenbolone, etc.

3. Diuretics (water pills) and Other Masking Agents:
   Bumetanide; chlorothiazide; furosemide; hydrochlorothiazide; probenecid;
   spironolactone (canrenone); triameterene; trichlormethazide; etc.

4. Peptide Hormones and Analogues:
   Growth hormone (hGH); human chorionic gonadotropin (hCG); erythropoietin (EPO); etc.

5. Anti-Estrogens:
   Anastrozole; tamoxifen; formestane; ATD, clomiphene; etc.

6. Beta-2 Agonists:
   Bambuterol, formoterol; salbutamol; salmeterol; etc.
Additional examples of banned drugs can be found at www.naia.org/wellness.

Any substance that is chemically related to the class, even if it is not listed as an example, is also banned! Information about ingredients in medications and nutritional/dietary supplements can be obtained by contacting the Resource Exchange Center at 866.635.7877 or http://www.naia.org/fls/27900/wellness-center/drug-education.html It is your responsibility to check with the appropriate or designated athletics staff before using any substance.

**Public Media and Social Network Policy**

**Public Media**

Public media refers to technologies used to communicate messages and whose mission is to serve or engage a public. Public media domains include traditional broadcasts, print and digital outlets. When utilizing any public media outlets, student-athletes are expected to conduct themselves responsibly as members of their respective team, the Athletics Department, the University, and the community, and in accordance with all applicable WWU policies including the WWU Student Code of Conduct.

**Social Networks**

Social network sites such as Facebook, Instagram, Snapchat, Twitter, blogs and other new digital platforms and distribution mechanisms facilitate students communicating with other students. Participation in such networks has both positive appeal and potentially negative consequences. It is important that WWU student-athletes be aware of these consequences and exercise appropriate caution if they choose to participate.

As a student-athlete at WWU, you are held to standards that surpass those of the average student. As a representative of the University, you are required to maintain a positive image and ensure that your actions are always in accordance with the Student-Athlete Handbook and the WWU Student Code of Conduct. As so, it is pertinent that if you are an active social network user, you are cautious and wise with your publicly posted domain.

Violations of the NAIA, the CCC, University, Department, or team rules in regards to social networking include but are not limited to: the posting of alcohol consumption, obscene gestures, sexual misconduct including partial/total nudity, use of illegal drugs, and hazing activities.

**Facebook and Social Networking Tips:**

- Do not post any pictures suggesting illegal or unbecoming behaviors (i.e. underage drinking & explicit photos.)
- Do not accept friend invitations from anonymous individuals.
Activate your privacy settings to allow only your friends to see your profile.

Guidelines for Student-Athletes

The following guidelines are intended to provide the framework for student-athletes to conduct themselves safely and responsibly in an online environment. As a student-athlete at WWU you should:

1. Be careful with how much and what kind of identifying information you post on online social network sites. Virtually anyone with an .edu email address can access your page. It is unwise to make available information such as a full date of birth, social security number, address, residence hall room number, phone number, cell phone numbers, class schedules, bank account information, or details about your daily routine. All can facilitate identity theft or stalking. Facebook and other sites provide numerous privacy settings for information contained in its pages; use these settings to protect private information. However, once posted, the information becomes the property of the web site.

2. Be aware that potential current and future employers often access information you place on online social network sites. You should think about any information you post on all social networking sites potentially providing an image of you to a prospective employer. The information posted is considered public information. Protect yourself by maintaining a self-image that you can be proud of years from now.

3. Be careful in responding to unsolicited emails asking for password or PIN numbers. Reputable businesses do not ask for this information in emails.

4. Do not have a false sense of security about your rights to freedom of speech. Understand that freedom of speech is not unlimited. The online social network sites are NOT a place where you can say and do whatever you want without repercussions.

Prohibited Conduct: Student-athletes are highly visible representatives of the University and are expected to uphold the values and responsibilities of the University while meeting all requirements set forth by the NAIA, the CCC, Walla Walla University, and the WWU intercollegiate athletics program. The WWU Department of Athletics prohibits malicious and reckless behavior when utilizing public media outlets. It is important that student-athletes recognize the power of public media domains and the potentially negative image that they can portray about student-athletes, coaches, the athletics program, and the University.

Sanctions: Any inappropriate activity or language in violation of the above prohibitions, including first time offenses, is subject to investigation and possible sanction by WWU and/or the Athletics Department, as well as civil authorities. If investigation is undertaken by WWU, the investigation proceedings, consequences and penalties, and appeals procedures relating to an alleged violation of a WWU policy will be assessed in accordance with the WWU Student Code of Conduct. In addition to the potential consequences and penalties provided in the WWU Student Code of Conduct, sanctions imposed by the Director of Athletics may include but are not limited to, the following:
• Written notification from the Director of Athletics or assignee to the student-athlete outlining policy and requiring that the unacceptable content be removed or the social network account will be deactivated.
• Temporary suspension from the team until prescribed conditions are met.
• Suspension from the team for a prescribed period.
• Indefinite suspension from the team.
• Dismissal from the team.
• Non-renewal of athletic Grant-in-Aid

Appeals:

1. A student-athlete may appeal suspension/ dismissal from the team or non-renewal of Grant-in-Aid. For these sanctions, the Director of Athletics will give notice in writing of the sanction, of the student-athlete right to appeal and of the prescribed appeal process.
2. The appeal process for suspension or dismissal from a team will be handled by the Faculty of Athletics Representative who will appoint a committee to hear the case. This committee will include the Director of Athletics and no more than four members.
3. The appeal process for non-renewal of an athletics grant-in-aid is handled by the Director of Financial Aid, in accordance with University procedures.

Student-Athlete Grievance Policy and Procedure

The Walla Walla University Athletic Department is committed to protecting the health, safety, welfare, and fair treatment of student-athletes at all times. This policy describes the process available to student athletes who believe that they have been subject to inappropriate, unprofessional or unfair conduct by a coach.

Walla Walla University has institutional processes in place for handling certain types of complaints, including discrimination, harassment on the basis of sex, race, sexual orientation, or gender identity, sexual assault and sexual misconduct. Therefore, certain matters brought to the attention of the Athletics Department may be more appropriately resolved by other WWU staff, and those complainants will be referred to the appropriate offices or procedures for resolution by the Director of Athletics. The “Student-Athlete Grievance Policy and Procedure” is designed to address grievances that are appropriately resolved within the framework of the athletics program and are not covered by another WWU process for dispute resolution.

The educational value of athletic participation includes student-athletes assuming responsibility for their own grievances. In most cases, and especially in the case of formal complaints, student-athletes will not be able to proceed with grievances anonymously; the coach about whom the complaint is made will normally receive all pertinent information relative to the complaint, including the identity of the student-athlete. Additionally, while the Athletics Department recognizes that student-athletes may rely upon parents, friends, or other mentors to provide
advice and support in attempting to resolve a grievance, athletics department staff members will expect to communicate directly with the student-athlete throughout the process.

The Athletics Department will make every effort to protect the privacy of individuals pursuing grievances and will refrain from discussing complaints or sharing written materials with anyone other than those who, in their best judgment, have a need to know. Similarly, student-athletes and witnesses are expected to refrain from discussing a complaint or its details with anyone other than those who have a need to know, which could include family members, deans, personal advisors, or legal counsel, if necessary. Anyone who violates the confidentiality of this process may be subject to disciplinary action.

When a coach or Athletics Department staff member receives a complaint or grievance from a student-athlete, it is their responsibility to assure that the grievance is treated seriously and as privately as possible given the circumstances. Retaliation against a student-athlete for reporting a grievance is a serious violation of this policy and may result in disciplinary action.

As a general policy, a student-athlete should follow the guidelines below to resolve an issue with a coach:

**Informal Grievance Process:**

**Step 1:**
In many cases, informal discussion can be useful in resolving perceived or real issues with coaches. Whenever possible, a student-athlete should attempt to resolve the issue directly with the coach. Team captains are often a good resource to help mediate an issue.

**Step 2:**
If the student-athlete cannot reach a satisfactory resolution of the issue through direct communication, or is uncomfortable making direct contact with the coach, the student-athlete should report the grievance to their sport administrator. In an effort to resolve the matter, the sport administrator may pursue a number of informal options such as providing advice or facilitating a conversation between the involved parties.

**Formal Grievance Process:**

**Step 3:**
If the issue cannot be resolved informally, or if a student-athlete is uncomfortable pursuing their concerns with the coach or sport administrator, the student-athlete may report their grievance to the director of athletics in writing. The student-athlete should write the statement by him or herself; the director of athletics will not accept statements written by others on behalf of the student-athlete. The student-athlete's statement should include the nature of the concern, the steps that have been taken, and the outcome that the student-athlete is seeking.
The director of athletics will determine the individual(s) best suited to formally review the issue or, at his or her discretion, may refer the matter to be reviewed and administered in accordance with the formal grievance process set forth in the Governance Handbook. In many cases, the sport administrator will be most appropriately positioned to conduct the review. In situations where the sport administrator is implicated or otherwise an inappropriate choice, the director of athletics will appoint one or more members of the athletic department's senior staff to lead the review. In rare instances when compelling reasons exist, the director of athletics may involve an individual outside the athletic department to participate in, or lead, the review.

Upon receiving the student-athletes written grievance, the reviewer will show a copy of the statement to the coach but the coach will not be provided a copy of the statement.

The coach will be given the opportunity to provide his or her own statement in response to the student-athlete's statement within a time frame set by the reviewer. The coach's statement will be shown to the student-athlete, but a copy will not be provided.

After reviewing the statements of the student-athlete and the coach, the reviewer will investigate the allegations and responses as he or she sees fit. While the decision to interview other individuals shall be left to the discretion of the reviewer, both the student-athlete and coach should feel free to suggest particular individuals who may be knowledgeable of the facts of the situation.

The reviewer will draft a report summarizing the review for submission to the director of athletics.

**Step 4:**

After reviewing the report, the director of athletics will either accept the report or ask the reviewer to pursue additional information.

Upon accepting the report, the director of athletics will inform the student-athlete and coach that the review has been completed. The report will normally not be shared with either the student-athlete or coach, but the director of athletics may share the report and/or consult with other WWU staff who, in the judgment of the director athletics, offer certain expertise or have a need to know.

The director of athletics will determine any action(s) to be taken as a result of the report. The director of athletics has broad discretion to determine what information from the report is shared but generally the coach will be informed of any action that is determined by the director of athletics. In certain circumstances, the student-athlete or other members of the WWU community may also be informed of the action that was taken.

**The Director of Athletics’ decision on the matter is final.**
Academic Eligibility

Academic Policies

WWU student-athletes must meet the requirements of the Cascade Collegiate Conference (CCC), and Walla Walla University’s Department of Athletics, including all admissions and satisfactory progress requirements for eligibility in athletic participation.

WWU Requirements

- Each student-athlete must be enrolled in a minimum of 12 credit hours to be considered a full-time student.

- In order to participate in athletics, the student-athlete must be in good academic standing according to the policies set forth by WWU. The student-athlete must fulfill the requirements of the degree program as described in the University Bulletin.

- A full-time student-athlete who has earned 6 or more credits and whose cumulative GPA is below 2.0 or who has earned less than 6 credits and whose GPA is below a cumulative 2.0 at the end of a given quarter is automatically placed on academic probation and is ineligible to participate in intercollegiate athletics. A student-athlete is removed from academic probation at the end of a quarter provided that the cumulative GPA is 2.0 or above and has successfully earned 6 quarter credits. Practice participants during periods of ineligibility are at the discretion of the athletic administration. Student-athletes must achieve a minimum of 24 cumulative credit hours and a 2.0 GPA each academic year in order to be eligible for the upcoming academic year.

- Change in Eligibility Status, student-athletes becomes eligible or ineligible to compete on the date his or her eligibility is certified by the appropriate institutional authority. Grades will be certified for student-athletes immediately following the completed submission of grades by the record’s office at the end of the respective academic quarter. This means that at the conclusion of fall, winter, and spring quarters all athletes will be notified of their eligibility status immediately following the record’s official posting date for grades. All other sports besides basketball will not be immediately affected at the conclusion of the fall quarter. Basketball players, who continue their season throughout winter break, will be deemed ineligible effective immediately at the end of the fall quarter. Student-athletes from fall, winter, and spring teams will also be deemed ineligible but will not be affected immediately because his/her season will not start until January at the earliest. At the conclusion of the spring quarter, student-athletes will be notified of his/her eligibility status and will be able to make up deficiencies in credits and GPA in the summer semester in order to be eligible for then next fall semester. Student-athletes may correct credit deficiency in an approved program off Walla Walla University’s campus or through classes on WWU’s campus.

- It is the responsibility of all student-athletes to be aware of their academic standing, to comply with all requirements set by the University, and to seek consultation with their faculty advisor and, if necessary, the department chairperson.
Regaining Lost Eligibility

Eligibility for all student-athletes will be determined at the beginning of fall, winter, and spring quarter of each academic year. A student-athlete who is declared academically ineligible may neither compete nor travel during his/her quarter of academic ineligibility. However, the student-athlete is permitted to practice. A student-athlete that has been declared ineligible for the fall quarter may regain eligibility at the end of that quarter provided that he/she meets all of the general eligibility requirements of the University.

Transfer Information

It is important to understand the guidelines and regulations of transferring to another college or university. Any student-athlete wishing to transfer from WWU must understand the procedures in doing so. Student-athletes interested in doing so must contact the Compliance Coordinator for details about transferring.

Attendance Policy

The Department of Athletics requires its student-athletes to attend all classes. When scheduling athletic events, the athletics staff is aware of the needs of the student-athlete. However, avoiding missed class time is not always possible due to scheduled game times. The athletics staff will do its best to schedule contests in a way to minimize the amount of missed class time by the student-athletes. The athletic department provides student-athletes with a letter from the Director of Athletics to their respective professors, notifying them that they participate in a specified sport. Student-athletes should schedule classes with their respective athletic schedule in mind, so there is a minimum amount of class time missed. A student-athlete should not miss class, leave a class early, or arrive to class late because of any athletic activity, except, game day contest and contest related activities (ex. Athletic trainer).

Student-athletes should give a copy of their athletic schedule to each of their professors, alerting them of possible conflicts. However, there is no official University policy that excuses student-athletes from class to represent the University in an athletic competition. Each faculty member has full authority regarding class attendance and may choose to deal with absences as he or she sees fit.

For the most part, faculty members understand the demands placed on student-athletes. It is in everyone’s best interest if the student-athlete informs the professor as early as possible about expected absences. Please note that continued absences and class attendance might affect student-athlete’s eligibility.
NAIA Eligibility Requirements

All student-athletes are required to maintain the academic standards established by the NAIA. Every term academic records are reviewed to confirm compliance with eligibility requirements. A summary of these standards are indicated below. For additional information, contact the faculty athletic representative.

I. NAIA ELIGIBILITY: After complying with the requirements of the NAIA Eligibility Center, the NAIA eligibility and certification rules must be followed.
   a. Walla Walla University is a member of the National Association of Intercollegiate Athletics (NAIA). In order to be eligible, all student-athletes must meet the NAIA regulations. All additional eligibility conditions must be met as outlined by each sport’s governing body. Stricter standards by each governing body will be adhered. All coaches must familiarize themselves with these regulations. It is the responsibility of every coach to review the NAIA guidelines and explain them to their athletes.
   b. For a student to be eligible for all intercollegiate competition, he/she must conform to the following:
      1. An entering freshman student must be a graduate of an accredited high school, or be accepted as a regular student in good standing, as defined by the enrolling institution;
      2. An entering freshman student must meet two of the three entry requirements:
         a. A minimum score of 18 on the enhanced ACT or 970 SAT (Critical Reading & Math);
         b. An overall high school grade point average of 2.000 or higher based on a 4.000 scale;
         c. Graduate in the upper half of the student’s high school graduating class. The class rank must appear on the student’s transcript, leaving certificate or other academic document. If the student’s class rank does not appear on the above-mentioned documents, a letter from the student’s principal or guidance counselor, written on the school’s letterhead and with the school’s official seal, stating that the student meets the class rank requirement can be accepted.

II. Students not meeting at least two of the three standards shall be denied athletic participation at WWU for the first full year of attendance (3 quarters) that such a student is identified with WWU.

III. The student must be identified and enrolled in a minimum of 12 institutional credit hours at the time of participation, or, if the participation takes place between terms, the student must have been identified with the institution the term immediately before the date of participation.
   A. EXCEPTION to the 12 credit hour enrollment rule: A student who will complete requirements for graduation within 10 semesters, 15 quarters, 12 trimesters or less may retain eligibility during the last term of attendance of the senior year by enrolling in fewer than 12 institutional credit hours. Official verification must be provided by
the registrar that the student has completed all other academic requirements for
graduation except for the currently enrolled credits. Such verification must be
provided to the Eligibility Chair. It is understood as a condition of the use of this
exception to the 12 hour rule that the intercollegiate eligibility of the student using the
exception shall be terminated automatically at the end of the term, or term extended,
in which less than 12 hours are carried.

IV. The student must maintain institutional identification during any term of participation.
Identification is defined as being enrolled in 12 or more institutional credit hours (3 for J-
Term) and having attended a regularly scheduled class. Students not enrolled or not
having attended a regularly scheduled class will be ineligible for athletic participation. If
the student drops below 12 hours (enrollment 9 hours for graduate students), or 3 hours of
enrollment for J-Term, the student is immediately ineligible to represent the institution in
competition.

V. The student must have accumulated a minimum of nine (9) institutional credit hours and
must achieve a 2.0 grade point average prior to identification for the second term of
attendance.

a. Only those institutional credit hours earned after identification (at any
institution) may be applied toward meeting the nine (9) institutional credit
hour rule for a second term freshman;

VI. After completion of the second term of attendance, a student must have accumulated a
minimum of 24 institutional credit hours in the two immediately previous terms of
attendance and must achieve a 2.0 grade point average.

VII. No more than 12 institutional credit hours earned during summers and/or during non-
terms may be applied to meet the 24 institutional credit hour requirements. Such credit
must be earned after one or both of the two immediately-previous terms of attendance.

VIII. All credit hours used to meet this total of 24 institutional credit hours are to be taken at
face value and are not to be converted, even if earned at different institutions using
different credit hour systems (e.g., quarter and semester).

IX. Repeat courses previously passed at any time during the student’s academic career may
not be counted toward satisfying the 24 hour rule, unless the course was identified as
repeatable in the course catalog. A maximum of one course each term, in which the
student has previously earned a grade of “D” of equivalent, may be counted toward
satisfying the 12 hour enrollment rule.

1. EXCEPTION: A transfer student who has met the graduation requirements
for an associate degree from a junior college and who has not been identified
with any institution(s) of higher learning for more than five semesters or seven
quarters will be exempt from meeting the 24 hour rule for the first term upon
transferring to an NAIA institution provided:

a. The transferring student passed all hours required for graduation in the
term in which graduation occurs and,
b. Less than 24 hours were required for graduation during the last two terms.

c. Students receiving this exception must pass at least 12 hours in their first term of attendance at the four-year school to retain eligibility for a second term. The last term at the junior college shall count as a term of attendance.

2. EXCEPTION: A student will be exempt from meeting the 24 hour rule only during the first term in which the student initially competes in any sport at the intercollegiate level, provided the student has not previously participated in any intercollegiate sport at any institution; met freshman eligibility requirements upon initial identification with any institution (applies only to students in the first four semesters/ six quarters or equivalent, of attendance); and has an overall GPA of 2.00 on a 4.00 scale calculated on the basis of all transcripts from all institutions (applies to students in all terms following the fourth semester/ sixth quarter, or equivalent attendance);

X. The student must make normal progress toward a recognized baccalaureate degree and maintain the minimum grade point average, as defined by the institution and the NAIA (where applicable);

XI. Upon reaching junior academic standing as defined by the institution, a student must have a cumulative grade point average (GPA) of at least 2.000 on a 4.00 scale. The 2.000 cumulative GPA or higher must be certified each grading period in which the student wishes to compete after junior academic standing is reached;

XII. To participate a second season in a sport, all students must have accumulated at least 24 semester/36 quarter (or equivalent) institutional credit hours.

XIII. Transfer students shall use institutional credit hours as certified by the previous institution(s) to meet this requirement only for their first term of attendance at a member institution. Thereafter, only institutional credit recognized by the student’s current institution, and submitted to the registrar for posting on the transcript, shall apply.

1. EXCEPTION: A freshman who initially becomes identified after the first term in the fall shall meet this requirement by having passed 12 semester or 20 quarter institutional credit hours. This exception shall apply to the second season of competition regulation only.

XIV. To participate the third season in a sport, all students must have accumulated at least 48 semester/ 72 quarter (or equivalent) institutional credit hours. Transfer students shall use institutional credit hours as certified by the previous institution(s) to meet this requirement only for their first term of attendance at a member institution. Thereafter, only institutional credit recognized by the student’s current institution, and submitted to the registrar for posting on the transcript, shall apply.

XV. To participate the fourth season in a sport, all students must have accumulated at least 72 semester/108 quarter (or equivalent) institutional credit hours, at least 48 semester/ 72
quarter hours of which must be in general education and/or in the student’s major field of study. Transfer students shall use institutional credit hours as certified by the previous institution(s) to meet this requirement only for their first term of attendance at a member institution. Thereafter, only institutional credit recognized by the student’s current institution, and submitted to the registrar for posting on the transcript, shall apply.

XVI. To participate in a third and/or fourth season in a sport, all students must have and maintain a total cumulative GPA of at least 2.000 on a 4.000 scale. The GPA for students with continuing identification at your institution shall be calculated according to the official institutional policy for all students. The GPA for entering transfer students shall be calculated by dividing all quality points achieved by the total number of hours attempted for all courses listed on all official transcripts from all the institutions previously attended;

XVII. The student must be eligible according to the institution’s standards for inter-collegiate competition; and

XVIII. The student must be eligible according to all other governing body standards when such standards are more stringent than NAIA rules and standards.

Recruiting: Role of Student-Athlete

Student Host

The role of the student-athlete is an important one in the on-campus recruiting process. Coaches may, on occasion, invite prospective recruits to come to campus and stay overnight in the dorms to experience college life. As a student host, it would be your responsibility to show the prospect the campus and entertain them according to the entertainment restrictions addressed below as well as any guidelines set forth by the coaching staff.

Entertainment

As a student host, you are not to entertain any prospects outside of a 30-mile radius of the institution’s main campus. Also be aware that the University or any staff member or representative of its athletic interest (boosters) may not provide an automobile for use by either you or the prospect during the official visit.

Compliance Issues

The following is a list of rules and regulations that student-athletes should be aware of in the instance of being called upon to act as a student host:

1. If entertainment funds are provided, only you shall be provided money with which to entertain only yourself, the prospect, and the prospect’s parents or legal guardians.
2. No cash may be given to the prospect or anyone else.
3. You may not use the entertainment funds to purchase, or otherwise provide the prospect with, gifts of value (e.g. souvenirs or clothing).
4. You are responsible for submitting any receipts and remaining cash from the funds advanced.

**Special Guest Guidelines**

The following guidelines are provided to address the overnight stay of a Guest Relations or Athletics overnight guest visiting through the WWU Marketing and Enrollment Services Department.

Any prospective student wishing to stay overnight as an aid in their decision to attend WWU or participate in the athletics program must first contact the Guest Relations Department or the Department of Athletics. It will then be determined if the student is in need of this special consideration and arrangements (per established guidelines) will be made pending the approval of the visit through the Guest Relations Department. All prospective student visitors must fill out the online visit form at wallawalla.edu/visit, as well as provide a minimum of two weeks’ notice before their visit. All guests visiting WWU for an overnight on-campus stay must carry a valid form of picture identification with them and be able to provide it upon request.

The following guidelines have been established:

- A person(s) must be pre-designated as a host (through either Guest Relations, Residential Life & Housing, or the Athletics Office) for the guest.
- As a host, it is agreed that the guest will reside in the host’s room and will have prior approval from any roommate(s).
- For students who would like to use a mattress during their stay they may request one from the Residence Hall in which they are staying. Return of the mattress will be the responsibility of either the visiting student or the host. Replacement of a mattress due to misuse will be the responsibility of the visiting student or the host depending upon how it was damaged.

**Financial Aid**

An Athletic Scholarship is a financial aid award, which will be awarded to a student-athlete based upon athletic ability or sports performance.

The total of all financial aid, including the Athletic Scholarship, cannot exceed the student’s approved cost-of-attendance budget. In addition, the total of all institutionally funded grants and scholarships (including the Athletic Scholarship) plus Educational Allowance (Subsidy) may not exceed the sum of the student’s tuition, required fees, and residence hall rent. An Athletic Scholarship shall be awarded yearly and may be renewed or denied for the next academic year.
WWU varsity athletic programs are provided an Athletic Scholarship budget, under the guidelines of the CCC and the Department of Athletics. The respective head coaches may allocate scholarships at their discretion with the approval of the Director of Athletics.

**Policy on Tuition Waivers & Scholarships**

1. If a student-athlete enters WWU as a freshman, uses his/her 4 years of eligibility in the first 12 quarters (excluding summers) and does not graduate during this time, coaches will not be allowed to award a scholarship to these student-athletes for any additional quarters without the permission of the Director of Athletics.

2. If a student-athlete enters WWU as a freshman and red shirts or misses one year, coaches are allowed to award a scholarship to the student-athlete for their 5th year (13th through 15th quarters, excluding summers) regardless if the student-athlete is in the undergraduate or graduate program of study. Note that the student-athlete must be participating in the same sport for their period of enrollment.

3. If the student-athlete does not meet the criteria of a continued academic scholarship, the loss of the scholarship will not be replaced by an Athletic Scholarship.

4. All decisions will be made at the discretion of the Director of Athletics and the Director of Student Financial Services.

**Reductions & Cancellations**

Institutional financial aid based on any degree of athletic ability may be reduced or canceled during the period of the award if the recipient:

1. Withdraws or is dismissed from the University.
2. Leaves the team at his/her own choosing.
3. Is not able to compete or practice on a regular basis. Note: Inability to participate due to physical injury will require written medical history and verification.
4. Is dismissed from the team for disciplinary reasons. (Violation of published team, Department of Athletics, or University’s Student Handbook or Code of Conduct regulations will be considered a major infraction and grounds for immediate dismissal). In addition, conduct resulting in arrest and conviction by local, state, or federal police officials will also be considered a major infraction and grounds for dismissal.
5. Refuses to take or fails seasonal random drug testing administered by WWU athletic department at its discretion. Note: Testing will be conducted in compliance with established NAIA guidelines for illegal drugs and currently banned controlled substances.
6. Has not met the standard for academic eligibility by the University or the CCC for a total of two quarters.
7. Is not eligible to receive financial aid because of not meeting WWU’s Satisfactory Academic Progress Policy
8. Has been found in violation of the WWU academic dishonesty policy after being processed through the University’s judicial system and all appeals have been exhausted.
9. Is unable to compete due to an injury or illness that occurs prior to enrollment at WWU and is unreported to the coach or the sport and athletic training staff at the University.
10. The University, as a part of its academic curriculum, offers a “Study Abroad Program”. Athletic Scholarships may not be used to pay for a Study Abroad Program. If student-athletes choose to study abroad during the season in which their sport competes, their athletic scholarship becomes null and void in its entirety.

**Appeals regarding the cancellation of an Athletic Scholarship**

Students can appeal the cancellation of an Athletic Scholarship to the Financial Aid Appeals Committee by submitting a written appeal.

1. For appeals regarding Satisfactory Academic Progress, the student must submit the appeal on the appropriate form at wallawalla.edu/forms.
2. For all other appeals, the student will write a letter of explanation stating what occurred, what will be different, and why they feel they are eligible for an exception. This option is not available if the student has already appealed through the University grievance process.
3. The Chair will schedule the hearing with the student-athlete. Failure to attend the scheduled hearing will result in unsuccessful appeal of the scholarship renewal.
4. The Director of Financial Aid will notify the student-athlete and the Department of Athletics in writing the outcome of the hearing within 72 hours of the hearing date.

**Medical Expenses and Insurance**

Insurance information is mandatory from the student-athlete or their parents. This information must be submitted to the Director of Athletic Training before the student-athlete’s first team activity. All information is necessary to complete our athletic insurance forms. Parental or personal insurance is the primary source for medical payment. WWU carries a secondary athletic insurance policy, which will be applied to the student-athlete’s bill, on every varsity athlete for any injury that occurs during a supervised and official varsity activity and/or travel.

**Medical History**

All student-athletes will be expected to fill out a Sports Physical form and Medical History Questionnaire prior to the beginning of their respective season. These forms will be emailed to the student-athletes during the summer and returned to the Director of Athletic Training. In addition, the forms are located at www.uwolves.com.
If an athlete is prescribed a medication or vitamin that is listed on the NAIA banned substance list a medical exemption form from the prescribing MD or DO is required. These forms can be found at www.uwolves.com and must be returned to the Director of Athletic Training. For a list of NAIA banned substances go to www.dfsaxis.com.

**Pre-participation Physical Examination**

Each year all student athletes at WWU must have an active physical examination on file to participate in intercollegiate athletics. Physicals are good for two years, starting with the student-athlete’s first year at WWU. Physicals may be performed by an MD, DO or ARNP. This must be on file with the athletic trainer prior to participating in any tryout, practice, scrimmage, or game. The cost of the pre-participation physical is the student-athlete’s responsibility.

A University admissions requirement includes a physical examination and up to date vaccinations record. The admissions freshman physical is acceptable as meeting the athletics department requirement if it states the athlete is cleared for athletics. A copy of this must be mailed to the director of Athletic Training. All walk-on student athletes must have a physical examination prior to field evaluation with the team. The forms necessary are available at www.uwolves.com or from the athletic training staff.

If a serious injury, illness or surgery has occurred since the student-athlete’s previous season, written clearance for full participation in sport is required from the supervising physician prior to participation in any team activity.

**Medical Hardship Waivers**

Definition- “Medical Redshirt” is a term that has been used by many of our coaches and staff through the years, even though it is not an official term. When we say “medical redshirt” we are usually referring to a student-athlete who is hoping to gain another year of eligibility due to an injury that occurred early in their season and prevented them from competition for the remainder of the season. The official term that we should be using is “Hardship Waiver.” A “Redshirt” is a student-athlete who just does not compete in a given year.

**“Redshirt” Student-athletes**

Redshirt student-athletes are those athletes who are not competing for their team in a given season. This could be due to the athlete not being ready for intercollegiate competition, skill level not being where it needs to be or by mutual decision by the coach and student-athlete. The coach and student-athlete must have a documented conversation regarding redshirting an athlete as this involved the student-athlete having to spend an additional year in school to use their 4 years of athletic eligibility. An extra year in school will result in additional expenses to the student-athlete and their family.

In addition, there is no guarantee that athletic scholarship money will be available for the extra year. Redshirt student-athletes may practice with the team but will not be issued a uniform,
appear on rosters, or be allowed to receive any benefits that other team members receive. This includes team travel, meal money, and any other game day expenses. Redshirt student-athletes may sit on the bench for home games provided they are not missing class for those games. They are expected to dress in team warm-ups or other attire designated by the coach.

Injured Student-Athlete/ Hardship Waiver Policy

At the Head Coach’s discretion, injured student athletes may travel with their teams provided that they are not missing class time and no substantial costs are incurred by the Athletic Department for the student-athlete. Potentially you might not be permitted to travel on overnight trips or remain with the team when the college is closed for breaks. This will be decided on a case by case basis taking into account any additional expenses.

WWU has an athletic trainer on staff for evaluation, prevention, treatment, rehabilitation, and referral of athletic-related injuries, as well as referral of student-athletes for medical or emergency care at all home athletic contests. Check the athletic training room doors for hours of operation.

The following procedures are in effect:

The WWU athletic training staff can only treat varsity student-athletes who have completed all necessary paperwork required by the athletic department. All required medical forms can be downloaded from www.Uwolves.com.

Other guidelines include:

• Student-athletes must contact the athletic trainer immediately to report a sports related illness or injury. The athletic insurance will not cover an injury that is not reported!

• Student-athletes should report for treatment at least thirty minutes prior to practice or competition as class schedules allow. Treatments are provided on a first-come first-served basis.

• Student-athletes are required to follow all recommendations and guidelines regarding treatment and rehab and return to play as set by the athletic trainer and their treating physician.

• The athletic trainer will refer all injured athletes for further treatment and/or medical attention when deemed appropriate or necessary, in accordance with the athletic trainer’s scope of practice and Washington state laws.

• Failure to follow recommended treatment, rehabilitation, or medical follow-up may result in suspension and/or loss of eligibility to participate in practice and/or competition for a specified time which will be determined by the Director of Athletics in consultation with the Director of Athletic Training and the appropriate coach.

• Any equipment (braces, crutches, ace bandages, etc.) are to be returned when no longer needed. Student-athletes will be billed for any items not returned.
Sports Information Office

The Sports Information Director is responsible for publicizing and promoting the Walla Walla University Department of Athletics, teams, and student-athletes.

A good rule to follow when being interviewed is to answer all questions honestly and accurately. Just offer what you know and how you feel. It is perfectly correct for you to say “no comment” if you truly don’t have all the facts. All student-athletes should feel free to stop by the office of Sports Information with any questions concerning interviews. The Sport Information Director is responsible for producing all of the Department of Athletics print needs for all sports sponsored by WWU. This includes all flyers, posters, and game programs. If you should find incorrect information published about yourself, a teammate or your team, please make the Office of Sports Information aware. Front Rush will be used as the resource for information, so fill out ALL information correctly

Media Policy for Interviews

Student athletes should never agree to an interview unless arrangements are coordinated through the Office of Sports Information. Players and coaches will need to make themselves available after the game for interviews, if needed.

Hints for Dealing with Media

- Before a scheduled interview, make sure your thoughts are organized and clear.
- Understand the question(s). Do NOT answer a question if you do not understand it - simply ask for clarification of the question
- Some sample questions you may be asked:
  - What are/were your thoughts on the game tonight?
  - What was/is the difference in the game/match?

Statistical Information

If the Office of Sports Information is contacted via parents, guardians, or friends due to a statistical error, a response will not occur to the sender. Many stats can be interpreted in many ways and the Office of Sports Information serves as the official scorer for home events. On occasion, stats will be reported inaccurately by the Office of Sports Information. When this occurs, the proper procedures will be followed and questions from the head coach will be discussed.

Social Media

We encourage you to bring ideas to the Office of Sports Information if you have ideas of how we can enhance our social media outlets. Remember that all social media connected with the Wolves MUST follow WWU guidelines.
**Athletic Competition Travel Policy**

1. All WWU student-athletes must travel to and from competitions using WWU transportation provided by the department of athletics.
2. Student-athletes are not allowed to leave/drive in personal cars unless they are with their WWU coach or WWU athletic administration.
   a. student-athletes’ families can meet with student-athletes after the competition. If there is enough time prior meeting may be allowed – this will be determined by the head coach.
   b. student-athletes’ families can meet student-athletes at team dinner/lunch/breakfast.
3. Student-athletes must stay with their team during the duration of the trip.
   a. Parent’s family may visit student-athletes at the hotel until curfew. When visiting parents/friends will be expected to respect curfew set by coaches.
   b. Student-athletes are prohibited from entering rooms of non-team members and/or athletic staff.
   c. Student-athletes are prohibited from allowing non-team members and/or non-athletic staff in their hotel room.

Student-athletes who wish to travel home from a contest on a scheduled WWU break may do so if they complete the following:

1. A request to travel must be submitted to the Director of Athletics at least two weeks (14 days) prior to travel request. Please see your coach for the necessary form.
2. Student-athletes must arrange their own transportation to destination after all team activities have concluded. This includes homes, airports, bus stops, train stations and/or boat docks.
3. The request will only be considered if the student-athlete and/or team has no obligations after the contest (i.e. team practice, classes, film session, etc…).
4. The method of transportation cannot be another WWU student if they are not an “approved driver” through the Risk Management & Safety department.
5. Driving separately to an athletic contest is still prohibited. This is a “one-way” travel addendum.
6. This request is only granted for WWU scheduled breaks: Thanksgiving, Christmas and Spring Break. **ALL OTHER REQUESTS WILL BE DENIED**

Please keep in mind that purchasing a ticket prior to getting approval will not influence the decision if the request cannot be accommodated. The athletic department will not refund any tickets purchased without approval.

It is strongly suggested that you get approval prior to purchasing a ticket.
Infraction of the travel policy will result in immediate disciplinary action subject to the review of the Director of Athletics.

**Per Diem**

Student-athletes traveling under the sponsorship of the University may receive cash allowances for meals. Student-athletes will be sent an email from Bank Mobile to set up their per diem. Student-athletes will only need to set this up one time, unless they change their bank account. Each student-athlete will receive $10 per meal they eat on the road, excluding breakfast. Breakfast will be included from the hotel. They will receive the $10 by direct deposit.

**Uniforms and Equipment**

All student-athletes are issued necessary equipment and appropriate uniforms on a loan basis and are responsible for the proper care of all equipment and/or uniforms. Student-athletes are responsible for returning all equipment and uniforms to their coach by the required date requested. Any lost or damaged uniforms and/or equipment is the responsibility of the individual player and the Athletic Department must be reimbursed for the replacement costs. **Failure to return equipment can result in billing of the original price of the item, termination of future eligibility, forfeiture of athletic awards, and/or refusal for academic registration and release of grades or College transcripts.**

Student-athletes should be dressed properly when representing WWU. This includes practices, game day, and road trip attire. Teams should be dressed in like manner for practices and games. Expectable attire for games includes team issued equipment. Colors must be team-oriented unless team issued.

Student-athletes who are not competing and sitting on team bench must be dressed either in WWU team apparel or business casual. Slides, flip-flops or crocs are prohibited.

**Recreation, Intramurals, and Club Sports**

Student-athletes are prohibited from participation in intramurals. Violations of this policy may result in expulsion from the intercollegiate team. Varsity athletes may, and are encouraged to, share their expertise through coaching and officiating.

**Academic Support**

At Walla Walla University academic support is an integral part of the broader academic program and goals of the university. The aim of this program is to facilitate student academic success by providing the appropriate assistance throughout the student’s education at the University.

Services include the following:

- Mentoring for students on academic probation and in the Enrichment Program
• College Study Skills classes and the Learning Assistance Lab
• Academic advisement for students who are undecided about their majors
• Academic support for students with disabilities
• Counseling for students on academic probation
• Collaboration with the Learning Labs and peer tutoring in writing, math, computer science, languages and science
• Test accommodations

Student Development Center
David Lindstrom
509.527.2664
David.Lindstrom@wallawalla.edu

**Academic Advising**

Academic advising at WWU is a cooperative educational partnership between faculty advisors and advisees grounded in mutual respect in shared commitment to student growth and success.

All incoming students are assigned a faculty advisor based on an educational track (major/program of study), they are required to meet with their advisor once per quarter.

**Academic Advising**

Academic Advisement
Herlinda Ruvalcaba
509.527.2132
Herlinda.Ruvalcaba@wallawalla.edu
I have read and understood all rules, regulations, and policies contained within the Walla Walla University Student-Athlete Handbook. I understand I must follow all content of this handbook in order to participate in any and all Walla Walla University Intercollegiate Athletics Programs. I also understand that the Director of Athletics has the right to amend this handbook at any time with or without prior notice.

________________________________________________
Student-Athlete Name

Team you represent

________________________________________________
Student-Athlete Signature

Date

This document must be printed, signed and turned into your head coach prior to a student-athlete participating in any team activities.